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and the decay of public health s leading martial arts and combat sports journalists. In 1998 he became a columnist and contributing editor for Black Belt

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In Black Belt Healing, Dr. Nelson conducts annual Zen and healing arts retreats for martial artists.

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Black Belt Healers is a health course written for martial artists by a medical doctor who is also a martial art master. This course leads to certification in a

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An eighth degree Black Belt, Master Liu completed Bruce's training in the martial and healing She was a contributing author of chapters on Pain Management,

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